



*Be a Pineapple: stand tall, wear a crown,  
and be sweet on the inside!*

*Sannipanni Planner*



# *My Planner*

*This planner belongs to*

\_\_\_\_\_

*Phone*

\_\_\_\_\_

*E-Mail*

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# 2018

JANUARY							FEBRUARY							MARCH							APRIL						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
1	2	3	4	5	6	7				1	2	3	4				1	2	3	4							1
8	9	10	11	12	13	14	5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6	7	8
15	16	17	18	19	20	21	12	13	14	15	16	17	18	12	13	14	15	16	17	18	9	10	11	12	13	14	15
22	23	24	25	26	27	28	19	20	21	22	23	24	25	19	20	21	22	23	24	25	16	17	18	19	20	21	22
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MAY							JUNE							JULY							AUGUST						
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7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
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21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30	31		
														30	31												

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
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																					31						

*Epic Days*



# 2019

JANUARY							FEBRUARY							MARCH							APRIL						
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MAY							JUNE							JULY							AUGUST						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
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27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31	

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
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30																					30	31					

*Epic Days*

# Resolutions & Goals

Personal

Physical

Travel

Financial

Professional

Domestic

*Make it your very best year yet!*

# My Lists

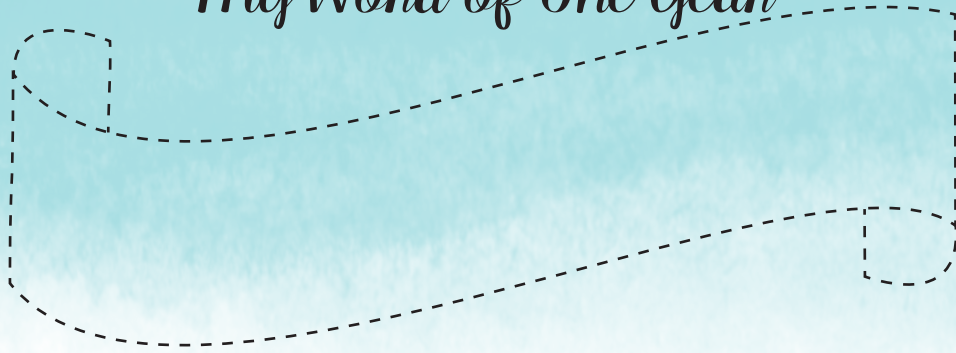
Trips

Books

Movies

Events

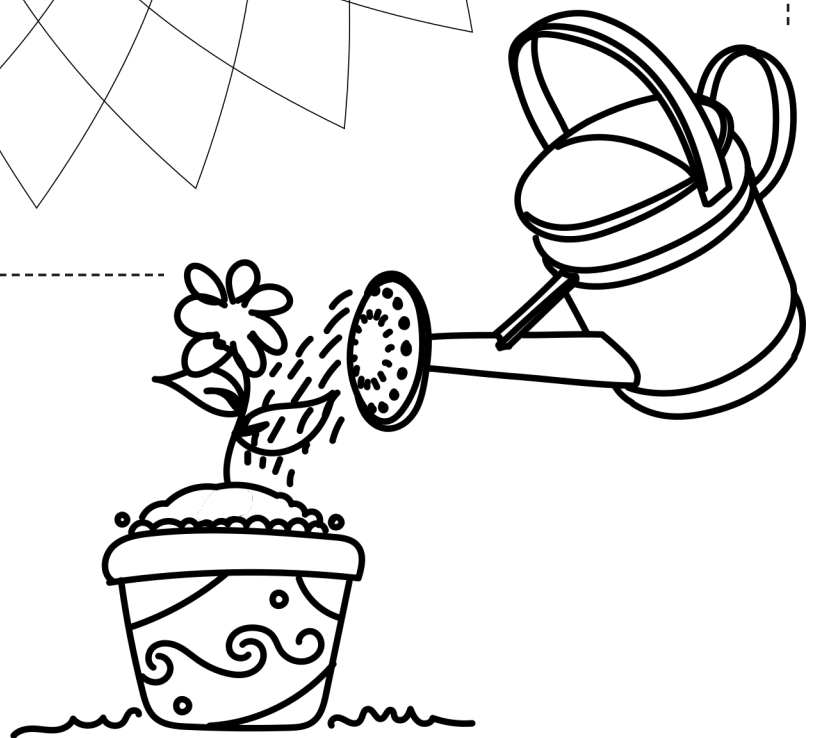
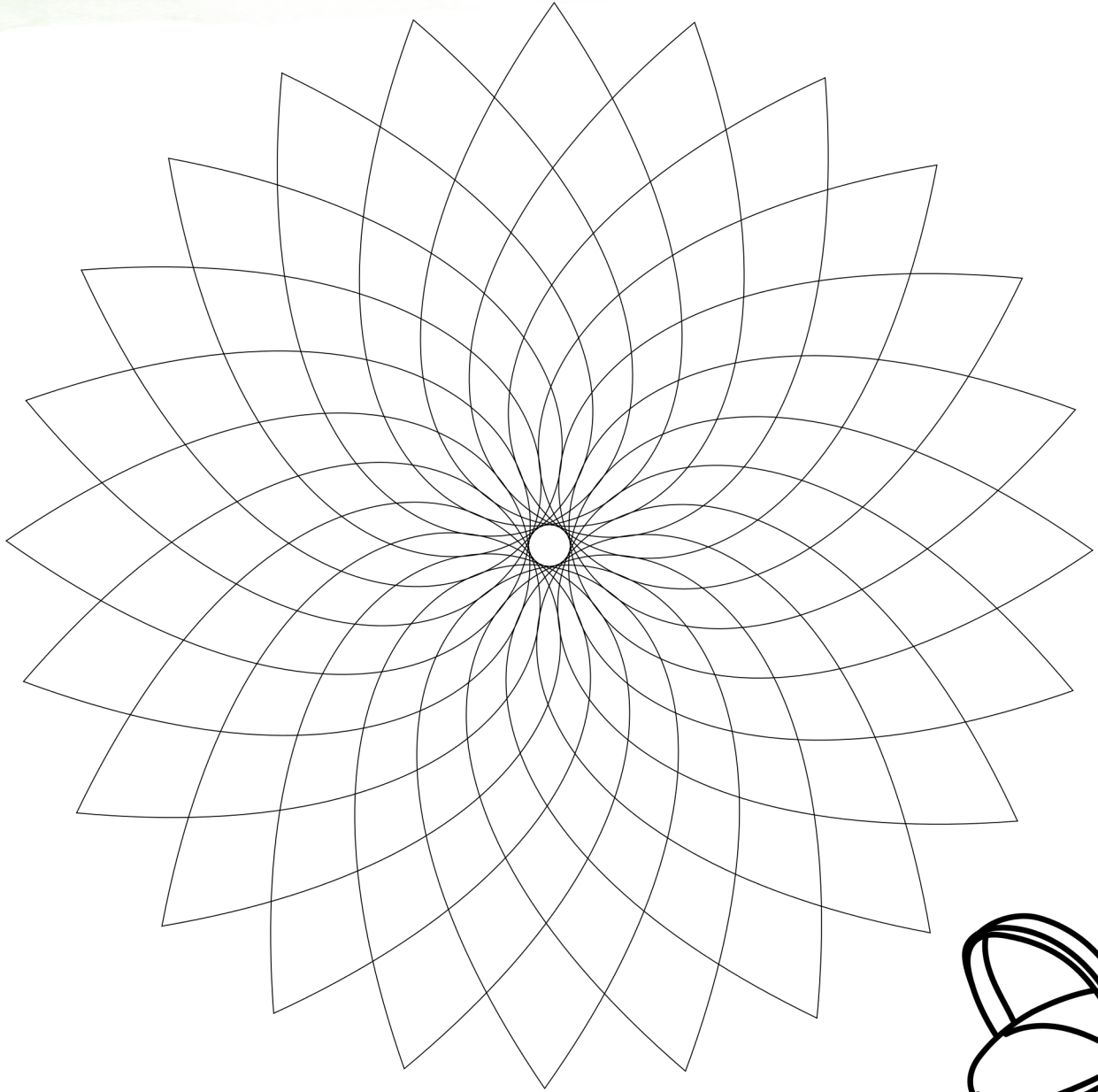
## *My Word of The Year*



## *Self-Care Ideas*

*You need a full watering can to make flowers bloom!*

Color a shape whenever you take care of your mind, body or soul and watch the flower bloom!



# This Year in Pixels

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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*Remember,  
at midnight even  
bad days come  
to an end!*



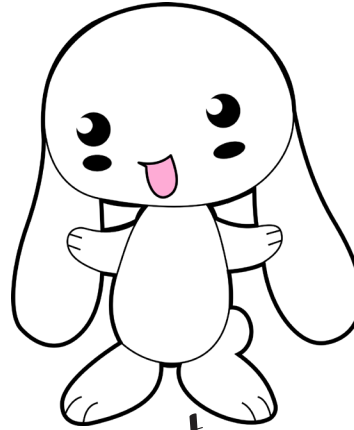
# Home Disaster Avoidance Masterplan

## Focus Zones

Hallway  
Kitchen  
Pantry  
Dining Room  
Living Room  
Family Room  
Office  
Master Bedroom  
Guestroom  
Kid's Room  
Play Room  
Bathroom  
Linen Closet  
Her Closet  
His Closet  
Garage  
Storage  
Basement  
Attic  
Outdoors

## Focus Zone Tasks

Dust ceiling fans  
Clean lights  
Dust blinds  
Wash curtains  
Vacuum upholstery  
Clean trim  
Clean knobs & handles  
Wipe surfaces  
Dust art  
Dust TVs & screens  
Dust knick-knacks  
Clear clutter  
Steam carpet & rugs  
Mop floor  
Sort through storage  
Sell, donate, gift, trash



*If only dust bunnies were cute...*

## Daily Routine

Make beds  
Do dishes  
Wipe table  
Wipe sink  
Wipe counters  
Wipe stove  
Sort mail  
Clear hallway

Way to Make My Home Sparkle	Monthly	Bi-Weekly	Weekly	Daily	As Needed
Vacuum / Sweep					
Mop					
Dust					
Clean Counters					
Clean Refrigerator					
Clean Bathrooms					
Clean Cabinets					
Clean Washer & Dryer					
Change Towels					
Change Sheets					
Wash Curtains					
Clean Upholstery					
File Paperwork					
Yard Work					
Clean Windows					
Clean Trashcans					

# What's for Dinner?



Salad  
Pasta  
Grilled  
Seafood  
Breakfast  
Slow Cooked  
Global Cuisine

[www.sannipanni.com](http://www.sannipanni.com)

*One cannot think well, love well, sleep well, if one has not dined well.*

Virginia Wolfe



# Master Meal List

Soups & Salads

Pasta

Grilled

Seafood

Breakfast

Slow Cooker

Global Cuisine

Other Favorites

# January

## Plans for The Month

## Play Tourist

## Learn something New This Month

## Currently...

Reading:

Watching:

## Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						

## Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

## Be The Best Version of Yourself!

### Move

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### Practice Self-Care

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### Hydrate

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### Eat Fruit & Veggies

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## Buy

## Notes & Doodles

This week was: ☆☆☆☆☆

My favorite thing about this week was:

# This Week

Monday

Tuesday

Wednesday

To Do

To Do

To Do

Boss  
Life

Boss  
Life

Boss  
Life

© www.Sannipanni.com

Thursday

Friday

Saturday

Sunday

To Do

To Do

To Do

To Do

Boss  
Life

Boss  
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Boss  
Life

# Meal Ideas

- Mon
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# Be The Best Version of Yourself!

## Move

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




































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## Practice Self-Care

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## Eat Fruit & Veggies

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# Meal Ideas

























































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




































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# Meal Ideas

























































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




































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




































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# February

*Plans for The Month*

*Play Tourist*

*Learn something New This Month*

*Currently...*

Reading:

Watching:

*Home Disaster Avoidance*

Tackle A Beast Project:

Focal Zone:

Maintenance:



# Meal Ideas

























































- Mon
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











































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# Meal Ideas

























































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











































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# Meal Ideas

























































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











































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# Meal Ideas

























































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- Sun

# Be The Best Version of Yourself!

## Move

M  
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











































## Hydrate

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## Practice Self-Care

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## Eat Fruit & Veggies

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## Buy

## Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

# This Week

Monday

Tuesday

Wednesday

To Do

To Do

To Do

Boss  
Life

Boss  
Life

Boss  
Life

© www.Sannipanni.com

Thursday

Friday

Saturday

Sunday

To Do

To Do

To Do

To Do

Boss  
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Boss  
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Boss  
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# Meal Ideas

























































- Mon
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











































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Life

# March

*Plans for The Month*

*Play Tourist*

*Learn something New This Month*

*Currently...*

Reading:

Watching:

*Home Disaster Avoidance*

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						

# Meal Ideas

- Mon
- Tue
- Wed
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




































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




































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# Meal Ideas

























































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




































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




































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




































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# April

*Plans for The Month*

*Play Tourist*

*Learn something New This Month*

*Currently...*

Reading:

Watching:

*Home Disaster Avoidance*

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Monday						
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











































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











































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# Meal Ideas

























































- Mon
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




































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




































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











































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# May

## Plans for The Month

## Play Tourist

## Learn something New This Month

## Currently...

Reading:

Watching:

## Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Monday						
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




































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




































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











































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# Meal Ideas

- Mon
- Tue
- Wed
- Thu
- Fri
- Sat
- Sun

# Be The Best Version of Yourself!

## Move

M  
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F  
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




































## Hydrate

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## Practice Self-Care

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## Eat Fruit & Veggies

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## Buy

## Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

# This Week

Monday

Tuesday

Wednesday

To Do

To Do

To Do

Boss  
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Boss  
Life

© www.Sannipanni.com

Thursday

Friday

Saturday

Sunday

To Do

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











































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Boss  
Life

# June

*Plans for The Month*

*Play Tourist*

*Learn something New This Month*

*Currently...*

Reading:

Watching:

*Home Disaster Avoidance*

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Monday						
Tuesday						
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




















































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




































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# Meal Ideas

























































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




































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




































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




































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# July

*Plans for The Month*

*Play Tourist*

*Learn something New This Month*

*Currently...*

Reading:

Watching:

*Home Disaster Avoidance*

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						

# Meal Ideas

























































- Mon
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











































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Mon

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### Move

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### Practice Self-Care

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### Hydrate

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### Eat Fruit & Veggies

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# Meal Ideas

























































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











































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# Meal Ideas

























































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











































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











































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# August

*Plans for The Month*

*Play Tourist*

*Learn something New This Month*

*Currently...*

Reading:

Watching:

*Home Disaster Avoidance*

Tackle A Beast Project:

Focal Zone:

Maintenance:



## Meal Ideas

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### Practice Self-Care

M  
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### Hydrate

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W	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷
T	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷
F	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷
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### Eat Fruit & Veggies

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## Buy

## Notes & Doodles

This week was: ☆☆☆☆☆

My favorite thing about this week was:



# This Week

Monday

Tuesday

Wednesday

To Do

To Do

To Do

Boss  
Life

Boss  
Life

Boss  
Life

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Thursday

Friday

Saturday

Sunday

To Do

To Do

To Do

To Do

Boss  
Life

Boss  
Life

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Life

Boss  
Life

## Meal Ideas

Mon

Tue

Wed

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Fri

Sat

Sun

## Be The Best Version of Yourself!

### Move

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S  
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### Practice Self-Care

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### Hydrate

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### Eat Fruit & Veggies

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## Meal Ideas

Mon

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# Meal Ideas

- Mon
- Tue
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# Be The Best Version of Yourself!

## Move

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## Hydrate

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Boss  
Life

# September

*Plans for The Month*

*Play Tourist*

*Learn something New This Month*

*Currently...*

Reading:

Watching:

*Home Disaster Avoidance*

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays

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# Meal Ideas

























































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# Be The Best Version of Yourself!

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











































## Hydrate

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## Practice Self-Care

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# Meal Ideas

























































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# Be The Best Version of Yourself!

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











































## Hydrate

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# Meal Ideas

























































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# Be The Best Version of Yourself!

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











































## Hydrate

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## Buy

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# Meal Ideas

























































- Mon
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# Be The Best Version of Yourself!

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











































## Hydrate

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# Meal Ideas

























































- Mon
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# Be The Best Version of Yourself!

## Move

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











































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# October

*Plans for The Month*

*Play Tourist*

*Learn something New This Month*

*Currently...*

Reading:

Watching:

*Home Disaster Avoidance*

Tackle A Beast Project:

Focal Zone:

Maintenance:



Holidays						
Monday						
Tuesday						
Wednesday						
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# Meal Ideas

























































- Mon
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# Be The Best Version of Yourself!

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











































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




































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











































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Boss  
Life



# Meal Ideas

























































- Mon
- Tue
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- Thu
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# Be The Best Version of Yourself!

## Move

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











































## Hydrate

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## Practice Self-Care

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## Eat Fruit & Veggies

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To Do

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© www.Sannipanni.com

Thursday

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# Meal Ideas

























































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











































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# November

## Plans for The Month

## Play Tourist

## Learn something New This Month

## Currently...

Reading:

Watching:

## Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
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# Meal Ideas

























































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




































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# Meal Ideas

























































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




































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











































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# Meal Ideas

























































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




































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# Meal Ideas

























































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




































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# December

*Plans for The Month*

*Play Tourist*

*Learn something New This Month*

*Currently...*

Reading:

Watching:

*Home Disaster Avoidance*

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Monday						
Tuesday						
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# Meal Ideas

























































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











































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# Meal Ideas

























































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











































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# Meal Ideas

























































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











































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# Meal Ideas

























































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











































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# Meal Ideas

























































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











































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## *Next Year*

*January*

*February*

*March*

*April*

*May*

*June*

*July*

*August*

*September*

*October*

*November*

*December*



# *Notes*





July	August	September	October	November	December
July	August	September	October	November	December

January	February	March	April	May	June
January	February	March	April	May	June

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