2018

twenty-eighteen

This planner belongs to

Phone

E-Mail

2018

January						
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8	9	10	11	12	13	14
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February						
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August						
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September						
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October						
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November						
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December						
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Epic Days

2019

January						
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March						
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30	31					

Epic Days

Resolutions & Goals for 2018

Personal	Physical	Travel

Financial	Professional	Domestic

Make it your very best year yet!

2018 Lists

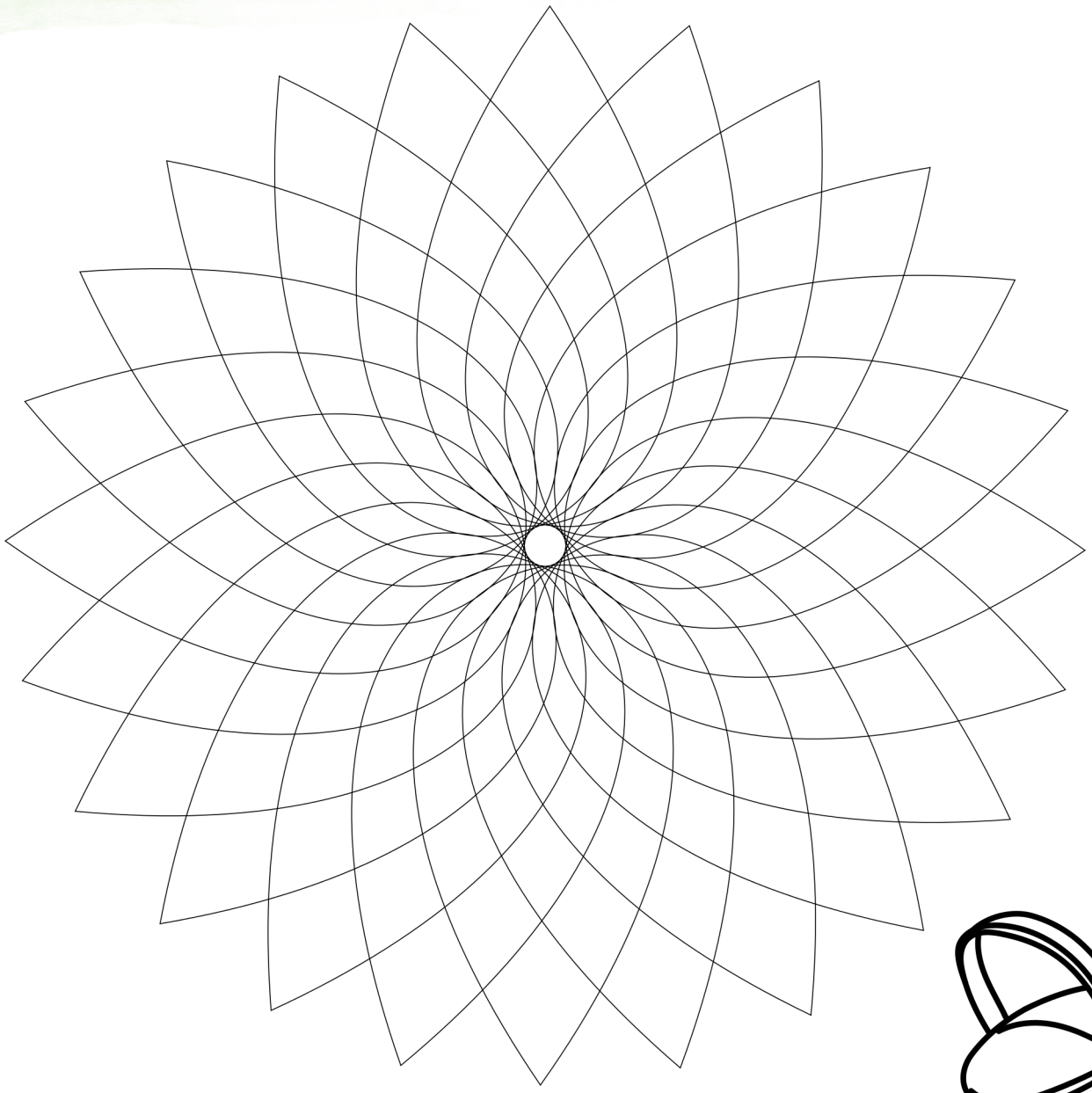
Trips	Books	Movies	Events

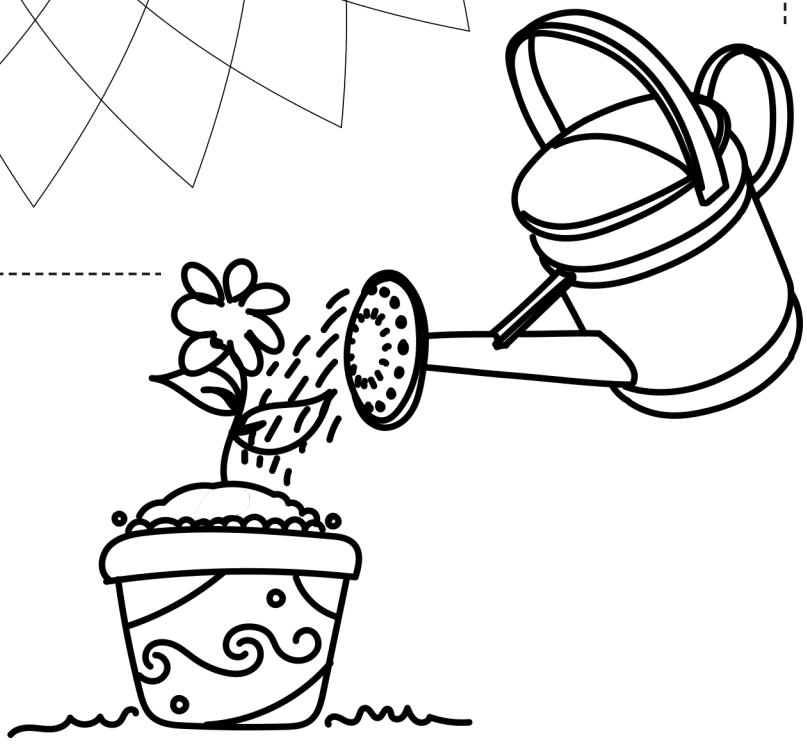
My Word of The Year

Self-Care Ideas

You need a full watering can to make flowers bloom!

Color a shape whenever you take care of your mind, body or soul and watch the flower bloom!





This Year in Pixels

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Key

Remember,
at midnight even
bad days come
to an end!

Home Disaster Avoidance Masterplan

Focus Zones

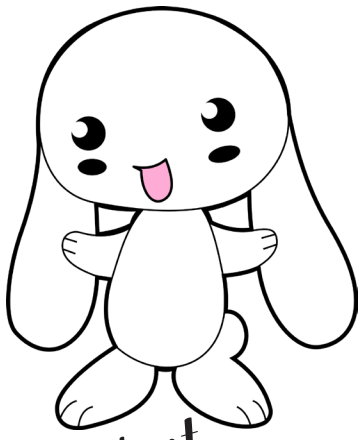
Hallway
Kitchen
Pantry
Dining Room
Living Room
Family Room
Office
Master Bedroom
Guestroom
Kid's Room
Play Room
Bathroom
Linen Closet
Her Closet
His Closet
Garage
Storage
Basement
Attic
Outdoors

Focus Zone Tasks

Dust ceiling fans
Clean lights
Dust blinds
Wash curtains
Vacuum upholstery
Clean trim
Clean knobs & handles
Wipe surfaces
Dust art
Dust TVs & screens
Dust knick-knacks
Clear clutter
Steam carpet & rugs
Mop floor
Sort through storage
Sell, donate, gift, trash

Daily Routine

Make beds
Do dishes
Wipe table
Wipe sink
Wipe counters
Wipe stove
Sort mail
Clear hallway



If only dust bunnies were cute...

Way to Make My Home Sparkle	Monthly	Bi-Weekly	Weekly	Daily	As Needed
Vacuum / Sweep					
Mop					
Dust					
Clean Counters					
Clean Refrigerator					
Clean Bathrooms					
Clean Cabinets					
Clean Washer & Dryer					
Change Towels					
Change Sheets					
Wash Curtains					
Clean Upholstery					
File Paperwork					
Yard Work					
Clean Windows					
Clean Trashcans					

What's for Dinner?

www.sannipanni.com

One cannot think well, love well, sleep well, if one has not dined well. Virginia Wolfe

Master Meal List

Soups & Salads

Pasta

Grilled

Seafood

Breakfast

Slow Cooker

Global Cuisine

Other Favorites

January

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Holidays

Meal Ideas

Mon

Tue

Wed

Thu

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

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8 Monday

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11 Thursday

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12 Friday

To Do

Boss Life

13 Saturday

To Do

Boss Life

14 Sunday

To Do

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15 Monday

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21 Sunday

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22 Monday

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26 Friday

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Boss Life

27 Saturday

To Do

Boss Life

28 Sunday

To Do

Boss Life

February

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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29 Monday

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Boss Life

3 Saturday

To Do

Boss Life

4 Sunday

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March

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Play Tourist

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Hydrate

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W
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S

Practice Self-Care

M
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S

Eat Fruit & Veggies

M
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F
S
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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

March

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

26 Monday	27 Tuesday	28 Wednesday
To Do	To Do	To Do
Boss Life	Boss Life	Boss Life

29 Thursday	30 Friday	31 Saturday	1 Sunday
To Do	To Do	To Do	To Do
Boss Life	Boss Life	Boss Life	Boss Life

April

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Holidays

Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Be The Best Version of Yourself!

Move

M
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S

Hydrate

M
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Practice Self-Care

M
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W
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Eat Fruit & Veggies

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S

Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

April

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

2 Monday

To Do

Boss Life

3 Tuesday

To Do

Boss Life

4 Wednesday

To Do

Boss Life

5 Thursday

To Do

Boss Life

6 Friday

To Do

Boss Life

7 Saturday

To Do

Boss Life

8 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

M
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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

April

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

9 Monday

To Do

Boss Life

10 Tuesday

To Do

Boss Life

11 Wednesday

To Do

Boss Life

12 Thursday

To Do

Boss Life

13 Friday

To Do

Boss Life

14 Saturday

To Do

Boss Life

15 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

M
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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

April

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

16 Monday

To Do

Boss Life

17 Tuesday

To Do

Boss Life

18 Wednesday

To Do

Boss Life

19 Thursday

To Do

Boss Life

20 Friday

To Do

Boss Life

21 Saturday

To Do

Boss Life

22 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

April

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

23 Monday

To Do

Boss Life

24 Tuesday

To Do

Boss Life

25 Wednesday

To Do

Boss Life

26 Thursday

To Do

Boss Life

27 Friday

To Do

Boss Life

28 Saturday

To Do

Boss Life

29 Sunday

To Do

Boss Life

May

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Holidays

Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

M
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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

May

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

30 Monday	1 Tuesday	2 Wednesday
To Do	To Do	To Do
Boss Life	Boss Life	Boss Life
3 Thursday	**4 Friday**	**5 Saturday**	**6 Sunday**
To Do	To Do	To Do	To Do
Boss Life	Boss Life	Boss Life	Boss Life

Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

M
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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

May

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

1 Monday

To Do

Boss Life

8 Tuesday

To Do

Boss Life

9 Wednesday

To Do

Boss Life

10 Thursday

To Do

Boss Life

11 Friday

To Do

Boss Life

12 Saturday

To Do

Boss Life

13 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

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Thu

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

May

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

14 Monday

To Do

Boss Life

15 Tuesday

To Do

Boss Life

16 Wednesday

To Do

Boss Life

17 Thursday

To Do

Boss Life

18 Friday

To Do

Boss Life

19 Saturday

To Do

Boss Life

20 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

M
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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

May

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

21 Monday

To Do

Boss Life

22 Tuesday

To Do

Boss Life

23 Wednesday

To Do

Boss Life

24 Thursday

To Do

Boss Life

25 Friday

To Do

Boss Life

26 Saturday

To Do

Boss Life

27 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

May

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

28 Monday	29 Tuesday	30 Wednesday
To Do	To Do	To Do
Boss Life	Boss Life	Boss Life

31 Thursday	1 Friday	2 Saturday	3 Sunday
To Do	To Do	To Do	To Do
Boss Life	Boss Life	Boss Life	Boss Life

June

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Holidays

Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

June

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

4 Monday

To Do

Boss Life

5 Tuesday

To Do

Boss Life

6 Wednesday

To Do

Boss Life

7 Thursday

To Do

Boss Life

8 Friday

To Do

Boss Life

9 Saturday

To Do

Boss Life

10 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

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Thu

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

June

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

11 Monday

To Do

Boss Life

12 Tuesday

To Do

Boss Life

13 Wednesday

To Do

Boss Life

14 Thursday

To Do

Boss Life

15 Friday

To Do

Boss Life

16 Saturday

To Do

Boss Life

17 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

Wed

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

June

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

18 Monday

To Do

Boss Life

19 Tuesday

To Do

Boss Life

20 Wednesday

To Do

Boss Life

21 Thursday

To Do

Boss Life

22 Friday

To Do

Boss Life

23 Saturday

To Do

Boss Life

24 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

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Thu

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

June

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

25 Monday

To Do

Boss Life

26 Tuesday

To Do

Boss Life

27 Wednesday

To Do

Boss Life

28 Thursday

To Do

Boss Life

29 Friday

To Do

Boss Life

30 Saturday

To Do

Boss Life

1 Sunday

To Do

Boss Life

July

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Holidays

Meal Ideas

Mon

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Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

July

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

2 Monday	3 Tuesday	4 Wednesday
To Do	To Do	To Do
Boss Life	Boss Life	Boss Life
5 Thursday	**6 Friday**	**7 Saturday**	**8 Sunday**
To Do	To Do	To Do	To Do
Boss Life	Boss Life	Boss Life	Boss Life

Meal Ideas

Mon

Tue

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

July

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

9 Monday

To Do

Boss Life

10 Tuesday

To Do

Boss Life

11 Wednesday

To Do

Boss Life

12 Thursday

To Do

Boss Life

13 Friday

To Do

Boss Life

14 Saturday

To Do

Boss Life

15 Sunday

To Do

Boss Life

Meal Ideas

Mon

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Thu

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

July

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

16 Monday

To Do

Boss Life

17 Tuesday

To Do

Boss Life

18 Wednesday

To Do

Boss Life

19 Thursday

To Do

Boss Life

20 Friday

To Do

Boss Life

21 Saturday

To Do

Boss Life

22 Sunday

To Do

Boss Life

Meal Ideas

Mon

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

July

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

23 Monday

To Do

Boss Life

24 Tuesday

To Do

Boss Life

25 Wednesday

To Do

Boss Life

26 Thursday

To Do

Boss Life

27 Friday

To Do

Boss Life

28 Saturday

To Do

Boss Life

29 Sunday

To Do

Boss Life

August

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Holidays

Meal Ideas

Mon

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Be The Best Version of Yourself!

Move

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

August

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

30 Monday	31 Tuesday	1 Wednesday
To Do	To Do	To Do
Boss Life	Boss Life	Boss Life

2 Thursday	3 Friday	4 Saturday	5 Sunday
To Do	To Do	To Do	To Do
Boss Life	Boss Life	Boss Life	Boss Life

Meal Ideas

Mon

Tue

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Thu

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

August

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

6 Monday	7 Tuesday	8 Wednesday
To Do	To Do	To Do
Boss Life	Boss Life	Boss Life
9 Thursday	**10 Friday**	**11 Saturday**	**12 Sunday**
To Do	To Do	To Do	To Do
Boss Life	Boss Life	Boss Life	Boss Life

Meal Ideas

Mon

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Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

August

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

13 Monday

To Do

Boss Life

14 Tuesday

To Do

Boss Life

15 Wednesday

To Do

Boss Life

16 Thursday

To Do

Boss Life

17 Friday

To Do

Boss Life

18 Saturday

To Do

Boss Life

19 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Be The Best Version of Yourself!

Move

M
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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

August

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

20 Monday

To Do

Boss Life

21 Tuesday

To Do

Boss Life

22 Wednesday

To Do

Boss Life

23 Thursday

To Do

Boss Life

24 Friday

To Do

Boss Life

25 Saturday

To Do

Boss Life

26 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

August

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

	27 Monday	28 Tuesday	29 Wednesday
	To Do	To Do	To Do
	Boss Life	Boss Life	Boss Life

30 Thursday	31 Friday	1 Saturday	2 Sunday
To Do	To Do	To Do	To Do
Boss Life	Boss Life	Boss Life	Boss Life

September

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Holidays

Meal Ideas

Mon

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Thu

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Sun

Be The Best Version of Yourself!

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

September

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

3 Monday

To Do

Boss Life

4 Tuesday

To Do

Boss Life

5 Wednesday

To Do

Boss Life

6 Thursday

To Do

Boss Life

7 Friday

To Do

Boss Life

8 Saturday

To Do

Boss Life

9 Sunday

To Do

Boss Life

Meal Ideas

Mon

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Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

September

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

10 Monday

To Do

Boss Life

11 Tuesday

To Do

Boss Life

12 Wednesday

To Do

Boss Life

13 Thursday

To Do

Boss Life

14 Friday

To Do

Boss Life

15 Saturday

To Do

Boss Life

16 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

September

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

17 Monday

To Do

Boss Life

18 Tuesday

To Do

Boss Life

19 Wednesday

To Do

Boss Life

20 Thursday

To Do

Boss Life

21 Friday

To Do

Boss Life

22 Saturday

To Do

Boss Life

23 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

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Thu

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Sat

Sun

Be The Best Version of Yourself!

Move

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

September

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

24 Monday

To Do

Boss Life

25 Tuesday

To Do

Boss Life

26 Wednesday

To Do

Boss Life

27 Thursday

To Do

Boss Life

28 Friday

To Do

Boss Life

29 Saturday

To Do

Boss Life

30 Sunday

To Do

Boss Life

October

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Holidays

Meal Ideas

Mon

Tue

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Sat

Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

October

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

1 Monday

To Do

Boss Life

2 Tuesday

To Do

Boss Life

3 Wednesday

To Do

Boss Life

4 Thursday

To Do

Boss Life

5 Friday

To Do

Boss Life

6 Saturday

To Do

Boss Life

7 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

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Sun

Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

October

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1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

8 Monday

To Do

Boss Life

9 Tuesday

To Do

Boss Life

10 Wednesday

To Do

Boss Life

11 Thursday

To Do

Boss Life

12 Friday

To Do

Boss Life

13 Saturday

To Do

Boss Life

14 Sunday

To Do

Boss Life

Meal Ideas

Mon

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Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

October

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

15 Monday

To Do

Boss Life

16 Tuesday

To Do

Boss Life

17 Wednesday

To Do

Boss Life

18 Thursday

To Do

Boss Life

19 Friday

To Do

Boss Life

20 Saturday

To Do

Boss Life

21 Sunday

To Do

Boss Life

Meal Ideas

Mon

Tue

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Be The Best Version of Yourself!

Move

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

October

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1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

22 Monday

To Do

Boss Life

23 Tuesday

To Do

Boss Life

24 Wednesday

To Do

Boss Life

25 Thursday

To Do

Boss Life

26 Friday

To Do

Boss Life

27 Saturday

To Do

Boss Life

28 Sunday

To Do

Boss Life

November

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Holidays

Meal Ideas

Mon

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Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

November

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			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

29 Monday	30 Tuesday	31 Wednesday
To Do	To Do	To Do
Boss Life	Boss Life	Boss Life

1 Thursday	2 Friday	3 Saturday	4 Sunday
To Do	To Do	To Do	To Do
Boss Life	Boss Life	Boss Life	Boss Life

Meal Ideas

Mon

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Be The Best Version of Yourself!

Move

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Hydrate

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

November

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			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

5 Monday

To Do

Boss Life

6 Tuesday

To Do

Boss Life

7 Wednesday

To Do

Boss Life

8 Thursday

To Do

Boss Life

9 Friday

To Do

Boss Life

10 Saturday

To Do

Boss Life

11 Sunday

To Do

Boss Life

Meal Ideas

Mon

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Be The Best Version of Yourself!

Move

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

November

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
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12 Monday

To Do

Boss Life

13 Tuesday

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Boss Life

14 Wednesday

To Do

Boss Life

15 Thursday

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Boss Life

16 Friday

To Do

Boss Life

17 Saturday

To Do

Boss Life

18 Sunday

To Do

Boss Life

Meal Ideas

Mon

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Be The Best Version of Yourself!

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

November

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			1	2	3	4
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19	20	21	22	23	24	25
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19 Monday

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22 Thursday

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23 Friday

To Do

Boss Life

24 Saturday

To Do

Boss Life

25 Sunday

To Do

Boss Life

Meal Ideas

Mon

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Be The Best Version of Yourself!

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

November

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			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
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26 Monday

To Do

Boss Life

27 Tuesday

To Do

Boss Life

28 Wednesday

To Do

Boss Life

29 Thursday

To Do

Boss Life

30 Friday

To Do

Boss Life

1 Saturday

To Do

Boss Life

2 Sunday

To Do

Boss Life

December

Plans for The Month

Play Tourist

Learn Something New This Month

Currently...

Reading:

Watching:

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
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Holidays

Meal Ideas

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Be The Best Version of Yourself!

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

December

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					1	2
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3 Monday

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Boss Life

8 Saturday

To Do

Boss Life

9 Sunday

To Do

Boss Life

Meal Ideas

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Be The Best Version of Yourself!

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Practice Self-Care

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Eat Fruit & Veggies

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Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

December

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					1	2
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31						

10 Monday

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Boss Life

15 Saturday

To Do

Boss Life

16 Sunday

To Do

Boss Life

Meal Ideas

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Be The Best Version of Yourself!

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

December

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					1	2
3	4	5	6	7	8	9
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17 Monday

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21 Friday

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Boss Life

22 Saturday

To Do

Boss Life

23 Sunday

To Do

Boss Life

Meal Ideas

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Be The Best Version of Yourself!

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

December

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					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
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24 Monday

To Do

Boss Life

25 Tuesday

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26 Wednesday

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27 Thursday

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Boss Life

28 Friday

To Do

Boss Life

29 Saturday

To Do

Boss Life

30 Sunday

To Do

Boss Life

Meal Ideas

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Be The Best Version of Yourself!

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Practice Self-Care

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Eat Fruit & Veggies

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Buy

Notes & Doodles

This week was: ☆ ☆ ☆ ☆ ☆

My favorite thing about this week was:

December

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					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

31 Monday	1 Tuesday	2 Wednesday
To Do	To Do	To Do
Boss Life	Boss Life	Boss Life

3 Thursday	4 Friday	5 Saturday	6 Sunday
To Do	To Do	To Do	To Do
Boss Life	Boss Life	Boss Life	Boss Life

2019

January

February

March

April

May

June

July

August

September

October

November

December

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