Sannipanni's Planner

## twenty-seventeen

This planner belongs to
Phone
E-Mail

		J	ANUA	RY					FE	BRUA	RY					1	/IARC	Н						Apri	Ĺ		
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Epic Days

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			May							June	]						JULY						A	UGUS	ST		
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14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30	31		
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3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30
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### Epic Days

#### Resolutions & Boals for 2017

Personal	Physical	Spiritual
Financial	Professional	Domestic

Make it your very best year yet!

2017 Lists

	a O I I		
Trips	Books	Movies	Events
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#### Master Meal List

Soups & Salads	<u>Meat</u>	<u>Grilled</u>	<u>Crock-Pot</u>
<u>Vegetarian</u>	<u>Sides</u>	Appetizers	<u>Deserts</u>

#### Home Disaster Avoidance Masterplan

Deep Clean & Declutter

Beast Projects

File Taxes

Focus Zones

Kitchen
Pantry
Living Room
Dining Room
Family Room
Office
Master Bedroom
Guestroom

Kid's Room

Play Room

Bathroom

Linen Closet Her Closet

His Closet

Garage

Storage

Basement

Attic

Outdoors

Safety

Spider Killer
Fire Extinguisher
Smoke Detectors
CO Detectors
Weather Radio
Batteries
Flash Lights
Cash
Gas for Grill
Gas for Generator
Firewood
First Aid Kit
Food

Water

Pet Food

Way to Make My Home Sparkle	Monthly	Bi- Weekly	Weekly	Daily	As Needed
Vacuum / Sweep		1		i i	
Mop				 	
Dust			; ; ;	 	
Clean Counters				 	
Clean Refrigerator				 	
Clean Bathrooms				 	
Clean Cabinets				 	
Clean Washer & Dryer				i !	
Change Towels		 	; ; ;	   	i i
Change Sheets		i !	; ; ;	 	
Wash Curtains		 	; ; ;	   	i i
Clean Upholstery				 	
File Paperwork		 	 	i I	
Yard Work				i I	
		 		i I	

# ganuary

Plans	fon	The	11	<i><b>lonth</b></i>
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#### Play Jounist

Learn Something New This Month

#### Curnently...

Reading:

Watching:

#### Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Holidays						
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Be The Best Ver	sion of Yourself!	Meal Ideas
Hydrate  M ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊	Move Yo' Body M T W T F S S Play & Be Creative M T W T F S S	Tue  Wed  Thu  Fri
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Notes &		Buy

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	l .		
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(To Do) (Boss) (Life)	(30)		Sunday (To Do) (O) (O)

Be The Best Ver	sion of Yourself!	Meal Ideas
Hydrate  M ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊	Move Yo' Body M T W T F S S Play & Be Creative M T W T F S S	Tue  Wed  Thu  Fri
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Notes &		Buy

ganuany	(2) Monday	(3) Tuesday	$(\widehat{\mathcal{H}})^{ ext{Wednesday}}$
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(5) Thursday	(6) Friday	(T) Saturday	Sunday
3)	(6)		(8)
3)	(To Do)	(To Do)	(To Do)
(To Do)	(6)		(8)
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3)	(To Do)	(To Do)	(To Do)

Be The Best Ver	sion of Yourself!	Meal Ideas
Hydrate  M ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊	Move Yo' Body M T W T F S S Play & Be Creative M T W T F S S	Tue  Wed  Thu  Fri
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Be The Best Ver	sion of Yourself!	Meal Ideas
Hydrate  M ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊	Move Yo' Body M T W T F S S Play & Be Creative M T W T F S S	Tue  Wed  Thu  Fri
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Notes &		Buy

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(19) Thursday	(20) Friday	(21) Saturday	(22) Sunday
(To Do) (Boss) (Life)	(To Do)		(To Do)

Be The Best Ver	sion of Yourself!	Meal Ideas
Hydrate  M ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊	Move Yo' Body M T W T F S S Play & Be Creative M T W T F S S	Tue  Wed  Thu  Fri
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Notes &		Buy

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	/Boss \ Life /	/Boss \ Life /	/Boss\ Life/
	1		
(26) Thursday	(27) Friday	(28) Saturday	(29) Sunday
(To Do) (Boss) Life		(28)	(To Do)

# Jehnuany

#### Play Jourist

Learn Something New This Month

#### Currently...

Reading:

Watching:

#### Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Holidays						
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i i je Jne i j	est Veru	sion of Yourself!	Meal Ideas
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1	Notes &	Doodles	Buy

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	(10)		(To Do) (Boss) Life

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00000	000	0000000	(Sun)
1	Notes &	Doodles	Buy

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	(To Do)	(23)	(16)
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### March

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	Play Jourist
Leann I	Something New This Month
	Currently
Reading:	
Watching:	

Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Holidays						
Sunday	ω	୯	10	<b>ඉ</b> අ		
Satunday	4	I	18	ന സ		
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Juerday		2-	14	21	<u>ಹ</u> ಜ	
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Be The Best Vension of Yourself!		Meal Ideas
Hydrate  M \( \rightarrow \rig	Move Yo' Body M T W T F S	(Mon) (Tue) (Wed)
Eat Yo' Fruit & Veggies  M Ó Ó Ó Ó Ó Ó Ó Ó Ó  T Ó Ó Ó Ó Ó Ó Ó Ó  W Ó Ó Ó Ó Ó Ó Ó Ó  T Ó Ó Ó Ó Ó Ó Ó Ó  S Ó Ó Ó Ó Ó Ó Ó Ó  S Ó Ó Ó Ó	Play & Be Creative M T W T F S S	(Thu) (Fri) (Sat)
0000000	0000000	(Sun)
Notes &	Doodles	Buy

My favorite thing about this week was:\_\_\_\_\_

March	(27) Monday	(28) Tuesday	( ) Wednesday
M     T     W     T     F     S     S       1     2     3     4     5       6     7     8     9     10     11     12       13     14     15     16     17     18     19       20     21     22     23     24     25     26			
27   28   29   30   31	(To Do) (O) (O) (O)	(To Do) (O) (O) (O) (O)	(To Do) (O) (O) (O)
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(2) Thursday	(3) Friday	Saturday	Sunday
(To Do) (Boss) (Life)	(To Do)	(To Do)	(To Do)

Be The Best Vension of Yourself!		Meal Ideas
Hydrate  M \( \rightarrow \rig	Move Yo' Body M T W T F S	(Mon) (Tue) (Wed)
Eat Yo' Fruit & Veggies  M Ó Ó Ó Ó Ó Ó Ó Ó Ó  T Ó Ó Ó Ó Ó Ó Ó Ó  W Ó Ó Ó Ó Ó Ó Ó Ó  T Ó Ó Ó Ó Ó Ó Ó Ó  S Ó Ó Ó Ó Ó Ó Ó Ó  S Ó Ó Ó Ó	Play & Be Creative M T W T F S S	(Thu) (Fri) (Sat)
0000000	0000000	(Sun)
Notes &	Doodles	Buy

My favorite thing about this week was:\_\_\_\_\_

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M \( \) \	Move Yo' Body M T W T F S	(Mon) (Tue) (Wed)
Eat Yo' Fruit & Veggies  M OOOOOOOOO T OOOOOOO W OOOOOOO T OOOOOO T OOOOOOO S OOOOOOOO S OOOOOO	Play & Be Creative M T W T F S S	(Thu) (Fri) (Sat)
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Notes &	Doodles	Buy

My favorite thing about this week was:\_\_\_\_\_

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(16) Thursday	Friday	(18) Saturday	(19) Sunday
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Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M \( \) \	Move Yo' Body M T W T F S	(Mon) (Tue) (Wed)
Eat Yo' Fruit & Veggies  M OOOOOOOOO T OOOOOOO W OOOOOOO T OOOOOO T OOOOOOO S OOOOOOOO S OOOOOO	Play & Be Creative M T W T F S S	(Thu) (Fri) (Sat)
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Notes &	Doodles	Buy

My favorite thing about this week was:\_\_\_\_\_

March	(20) Monday	(21) Tuesday	$(\widehat{\mathcal{I}})^{ ext{Wednesday}}$
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13   14   15   16   17   18   19 20   21   22   23   24   25   26 27   28   29   30   31			
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Thursday	(24) Friday	(25) Saturday	(26) Sunday
(23) Thursday	(24) Friday	(25) Saturday	(26) Sunday
		(23)	(16)
	(To Do)	(To Do)	(To Do)
	(To Do)	(To Do)	(To Do)
(To Do)	(To Do)	(To Do) (O) (O)	(To Do) (O) (O)
(To Do)	(To Do) (Boss) (Life)	(To Do) () () () () () () () () () () () () ()	(To Do) (Boss) Life
	(To Do)	(To Do) (O) (O)	(To Do) (O) (O)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M \( \) \	Move Yo' Body M T W T F S	(Mon) (Tue) (Wed)
Eat Yo' Fruit & Veggies  M OOOOOOOOO T OOOOOOO W OOOOOOO T OOOOOO T OOOOOOO S OOOOOOOO S OOOOOO	Play & Be Creative M T W T F S S	(Thu) (Fri) (Sat)
0000000	0000000	(Sun )
Notes &	Doodles	Buy

My favorite thing about this week was:\_\_\_\_\_

M       T       W       T       F       S       S         1       2       3       4       5         6       7       8       9       10       11       12         13       14       15       16       17       18       19	(21) Monday	(28) Tuesday	(29) Wednesday
20 21 22 23 24 25 26 27 28 29 30 31	(To Do)	(To Do) (O) (O) (O)	(To Do) (O) (O)
	/Boss \ Life /	/Boss \ Life /	/Boss\ Life/
(20) Thursday	O O O	O O O	(C) Sunday
(30)	(31) Friday	Saturday	$(2)^{\text{Sunday}}$
(30)	(31)		
(To Do) (Do) (Boss) (Life) (C) (C) (C) (C) (C) (C) (C) (C) (C) (C	(To Do)	(To Do)	(To Do)

# April

Plans for The Month
Play Jounist
Leann Something New This Month
Cunnently
Reading:
Watching:
Home Dinanten Avoidance  Tackle A Beast Project:

Focal Zone:

Maintenance:

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Holidays						
,		:	:	:	:	:
	જ	် (	16	. C.2	30	
Surday						
Saturday	1	ω	15	જ જ	ට ය	
Iriday		2-	14	21	<u>ಹ</u>	
Thursday		Φ	13	೦ <u>ಜ</u>	<u>~</u> ∝	
Wednesday		ഥ	ଝ	19	<u>ඉ</u>	
Juesday		4	[]	18	വ	
Monday		Ю	10	17	ያ ተ	

Be The Best Vers	sion of Yourself!	Meal Ideas
Hydrate  M ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S S	Tue  Wed  Thu  Sat
0000000	0000000	(Sun)
Notes &		Buy

April	(3) Monday	Tuesday	(5) Wednesday
M T W T F S S 1 2 2 2 3			
24   25   26   27   28   29   30	(To Do)	(To Do) (O) (O) (O)	(To Do)
	/Boss Life	/Boss \ Life /	(Boss) (Life)
			SO
(6) Thursday	Friday	Saturday	Sunday
	Friday	Saturday	(q) Sunday
	(To Do)	(To Do)	(To Do)

Be The Best Vers	sion of Yourself!	Meal Ideas
Hydrate  M ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S S	Tue  Wed  Thu  Sat
0000000	0000000	(Sun)
Notes &		Buy

April	(10) Monday	Tuesday	$(\widehat{\mathcal{M}})^{ ext{Wednesday}}$
M T W T F S S 1 2 3 4 5 6 7 8 9			
10   11   12   13   14   15   16 17   18   19   20   21   22   23 24   25   26   27   28   29   30			
	(To Do)	(To Do)	(To Do)
			0000
			0
	(Boss) Life	(Boss) Life	(Boss) Life
			000
			0
(B) Thursday	Friday	(15) Saturday	(16) Sunday
(13) Thursday	Friday	(15) Saturday	(16) Sunday
(13) Thursday	Friday	(15) Saturday	(16) Sunday
[13]	(To Do)	(13)	(To Do)
[13]	(To Do)	(To Do)	(To Do)
(To Do)	(To Do) (O) (O) (O)	(To Do) (O) (O)	(To Do) (O) (O) (O)
(To Do)	(To Do) () () () () () () () () () () () () ()	(To Do) () () () () () () () () () () () () ()	(To Do) (Boss) Life
[13]	(To Do) (O) (O) (O)	(To Do) (O) (O)	(To Do) (O) (O)

Be The Best Vers	sion of Yourself!	Meal Ideas
Hydrate  M ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S S	Tue  Wed  Thu  Sat
0000000	0000000	(Sun)
Notes &		Buy

April	(Monday	(18) Tuesday	$(\widehat{q})^{\underline{\text{Wednesday}}}$
M T W T F S S  3 4 5 6 7 8 9  10 11 12 13 14 15 16  17 18 19 20 21 22 23  24 25 26 27 28 29 30			
	(To Do)	(To Do) (O) (O) (O) (O)	(To Do) (O) (O) (O)
	/Boss \ Life /	(Boss) (Life)	(Boss) (Life)
	\ `-'	\ \-'	`-'
(20) Thursday	(A) Friday	(22) Saturday	Sunday (23)
(To Do) (To Do) (Boss) Life		475	

Be The Best Vers	sion of Yourself!	Meal Ideas
Hydrate  M ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S S	Tue  Wed  Thu  Sat
0000000	0000000	(Sun)
Notes &		Buy

April	(24) Monday	$(\widehat{25})^{ ext{Tuesday}}$	(26) Wednesday
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			
	(To Do) (O) (O) (O)	(To Do)	(To Do)  O O O
	/Boss \ Life \ ( ) ( ) ( ) ( ) ( ) ( )	/Boss \ Life /	/Boss \ Life /
I .	1 % 3	IX /	入 /
(21) Thursday	(28) Friday	(29) Saturday	(30) Sunday
(To Do) (To Do) (Boss) Life		-	4-5

# May

### Plans for The Month

### Play Jourist

Learn Something New This Month

#### Currently...

Reading:

Watching:

#### Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Holidays						
Sunday	2-	14	21	∞ ∝		
Satunday	Φ	13	O လ	<u>~</u> ∝		
Iniday	വ	ଅ	19	98		
Thursday	4	11	18	ය ග		
Wednesday	<u>ත</u>	10	17	58 1	31	
Juesday	ત્ય	<b>ග</b>	16	ල දුර	30	
Monday	H	ω	ΠΩ	<b>०</b> ४	<u>ರ</u> ಜ	

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Move Yo' Body M T W T F S S V Play & Be Creative M T W T F S S	Tue  Wed  Thu  Sat
0000000	0000000	(Sun)
,	,	,
Notes &	Doodles	Buy
Notes &	Doodles	Buy
Notes &		

May	Monday Monday	(2)Tuesday	(3) Wednesday
M T W T F S S  1 2 3 4 5 6 7  8 9 10 11 12 13 14  15 16 17 18 19 20 21  22 23 24 25 26 27 28  29 30 31			
	(To Do) (O) (O) (O)	(To Do) (O) (O) (O)	(To Do)
	/Boss \ Life /	/Boss \ Life /	/Boss \ Life \ ( )
Thursday	(5) Friday	(6) Saturday	Sunday Sunday
(To Do) (Boss) (Life)	(To Do)	(To Do)	(To Do)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Move Yo' Body M T W T F S S V Play & Be Creative M T W T F S S	Tue  Wed  Thu  Sat
0000000	0000000	(Sun)
,	,	,
Notes &	Doodles	Buy
Notes &	Doodles	Buy
Notes &		

May	(8) Monday	(q) Tuesday	(10) Wednesday
M T W T F S S  1 2 3 4 5 6 7  8 9 10 11 12 13 14  15 16 17 18 19 20 21  22 23 24 25 26 27 28  29 30 31			
	(To Do) (O) (O) (O)	(To Do) (O) (O) (O)	(To Do)
	/Boss \ Life /	/Boss \ Life /	/Boss\ Life
( Thursday	(12) Friday	(B) Saturday	Sunday (14)
(To Do) (Boss) (Life)	(To Do)	(To Do)	(To Do)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Move Yo' Body M T W T F S S V Play & Be Creative M T W T F S S	Tue  Wed  Thu  Sat
0000000	0000000	(Sun)
,	,	,
Notes &	Doodles	Buy
Notes &	Doodles	Buy
Notes &		

May	(15) Monday	(16) Tuesday	(Mednesday)
M T W T F S S  1 2 3 4 5 6 7  8 9 10 11 12 13 14  15 16 17 18 19 20 21  22 23 24 25 26 27 28  29 30 31			
	(To Do)	(To Do) (O) (O) (O)	(To Do) (O) (O)
	/Boss \ Life /	/Boss \ Life /	/Boss\ Life
(18) Thursday	Friday Friday	(20) Saturday	(21) Sunday
(To Do) (Boss) (Life)	(To Do)	(To Do)	(To Do)

Be The Best Ver	rsion of Yourself!	Meal Ideas
Hydrate  M △ △ △ △ △ △ △ △ △ △ △ △ △ △ △ △ △ △	Move Yo' Body T W T F S S S Play & Be Creative M T W T F S S	Tue  Wed  Thu  Fri
0000000	0000000	(Sun)
Notes 8		Buy

May	(22) Monday	$(\widehat{\it 23})^{ m Tuesday}$	$(\widehat{2H})^{ ext{Wednesday}}$
M T W T F S S  1 2 3 4 5 6 7  8 9 10 11 12 13 14  15 16 17 18 19 20 21  22 23 24 25 26 27 28  29 30 31			
	(To Do)	(To Do)	(To Do)
	(Boss) (Life) (C) (C)	/Boss \ Life /	/Boss\ Life
(25) Thursday	(26) Friday	(27) Saturday	(28) Sunday
(To Do) (Boss) (Life)	(To Do)	(To Do)	(To Do)

# June

Plans for The Month
Play Jounist
Leann Something New This Month
Cunnently
Reading:
Watching:
Home Disaster Avoidance
Tackle A Beast Project:
Focal Zone:

Maintenance:

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Holidays						
Sunday	4	I	18	Ω Ω		
Satunday	ы	10	7.1	<u>የ</u>		
Iniday	ત્ય	<b>ರ</b>	16	დ დ	30	
Thursday	П	ω	15	्र ८४	<u>೧</u> ೧೭	
Wednesday		2-	14	ය ව	∞ ∝	
Juesday		Θ	13	O <sub>ශ</sub>	<u>~</u> ∝	
Monday		വ	않 디	19	ල හ	

Be The Best Ver	sion of Yourself!	Meal Ideas
Hydrate  M ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇	Move Yo' Body M T W T F S S S Play & Be Creative M T W T F S	(Mon) (Wed) (Thu) (Fri)
0000000	0000000	(Sun)
Notes &		

Gune	(2q) Monday	$(\widehat{\it 30})^{ m Tuesday}$	$(31)^{\text{Wednesday}}$
M T W T F S S  1 2 3 4  5 6 7 8 9 10 11  12 13 14 15 16 17 18  19 20 21 22 23 24 25  26 27 28 29 30			
	(To Do)	(To Do) (O) (O) (O) (O)	(To Do)
	/Boss \ Life /	/Boss \ Life /	(Boss) (Life)
		-	
Thursday	(2) Friday	(3) Saturday	Sunday Sunday
(To Do) (Boss) (Life)		1	Sunday (To Do) (O) (O)

Be The Best Ver	sion of Yourself!	Meal Ideas
Hydrate  M ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇	Move Yo' Body M T W T F S S S Play & Be Creative M T W T F S	(Mon) (Wed) (Thu) (Fri)
0000000	0000000	(Sun)
Notes &		

Gune	(5) Monday	(6)Tuesday	(T) Wednesday
M T W T F S S  1 2 3 4  5 6 7 8 9 10 11			
12     13     14     15     16     17     18       19     20     21     22     23     24     25       26     27     28     29     30     30		<u></u>	
	(To Do)	(To Do)	(To Do)
			0000
	ļ		Ö
	(Boss) Life	/Boss \ Life /	(Boss) Life
			0000
	Ö	Ö	Ö
	455	4-5	475
(8) Thursday	(q) Friday	(10) Saturday	Sunday
(8) Thursday	(q)Friday	(10) Saturday	Sunday
(8) Thursday	(q)Friday	(10) Saturday	Sunday
(8)	(To Do)	(To Do)	Sunday (To Do)
(8)	(To Do)	(To Do)	(To Do)
(To Do)		(To Do)	(To Do) (O) (O) (O)
(To Do)	(To Do) () () () () () () () () () () () () ()	(To Do) (Boss) Life	(To Do)
(8)	(To Do) (O) (O) (O)	(To Do)	(To Do) (O) (O) (O)

Be The Best Ver	sion of Yourself!	Meal Ideas
Hydrate  M ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇	Move Yo' Body M T W T F S S S Play & Be Creative M T W T F S	(Mon) (Wed) (Thu) (Fri)
0000000	0000000	(Sun)
Notes &		

Gune	(12) Monday	(13) Tuesday	(14) Wednesday
M T W T F S S 14 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			
	(To Do)	(To Do) (O) (O) (O)	(To Do) (O) (O) (O)
	(Boss) (Life) () () ()	(Boss) (Life)	(Boss) (Life)
	' <del>-</del> '	'-'	·-·
(15) Thursday	(16) Friday	Saturday Saturday	Sunday
(To Do) (Boss) (Life)	Inidox		

Be The Best Ver	sion of Yourself!	Meal Ideas
Hydrate  M ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇	Move Yo' Body M T W T F S S S Play & Be Creative M T W T F S	(Mon) (Wed) (Thu) (Fri)
0000000	0000000	(Sun)
Notes &		

Gune	(19) Monday	$(\widehat{20})^{ ext{Tuesday}}$	$(\widehat{\mathcal{U}})^{ ext{Wednesday}}$
M T W T F S S  1 2 3 4  5 6 7 8 9 10 11			
12   13   14   15   16   17   18 19   20   21   22   23   24   25 26   27   28   29   30			
	(To Do)	(To Do)	(To Do)
			0000
	0	0	0
	(Boss) Life	/Boss \ Life /	(Boss) Life
	8	ŏ	
45775	.575.	4775	
(22) Thursday	(23) Friday	(24) Saturday	(25) Sunday
(22) Thursday	(23) Friday	(24) Saturday	(25) Sunday
	(23) Friday	(24) Saturday	(25) Sunday
	(To Do)	(To Do)	(To Do)
	(To Do)	(To Do)	(To Do)
(To Do)	(To Do)	(To Do)	(To Do) (O) (O)
(To Do)	(To Do) (Boss) Life	(To Do) (Boss) Life	(To Do) (Boss) Life
	(To Do)	(To Do)	(To Do) (O) (O)

Be The Best Vension of Yourself!	Meal Ideas
Hydrate       Move Yo' Body         M	Tue  Wed  Thu  Fri
0000000 0000000	(Sun)
Notes & Doodles	Buy

This week was: \( \frac{1}{2} \frac{1}{2}

Gune	(26) Monday	(27) Tuesday	(28) Wednesday
M T W T F S S  1 2 3 4  5 6 7 8 9 10 11  12 13 14 15 16 17 18			
19   20   21   22   23   24   25 26   27   28   29   30			2
	(To Do)	(To Do)	(To Do)
			0000
	ļ		
	(Boss) Life	/Boss \ Life /	(Boss) Life
	(0)	(0)	0
20755	2573		
(29) Thursday	(30) Friday	Saturday	(2) Sunday
(29)	(30) Friday (To Do)	(To Do)	(To Do)
(To Do)	(30)		
(To Do)	(To Do) (Boss) Life	(To Do)	(To Do)
(29)	(To Do)	(To Do) (O) (O) (O)	(To Do) OOOOO

# July

Plans for The Month
<b>70 a</b> • <b>1</b>
Play Tourist
Leann Something New This Month
i !
Currently
Reading:
Watching:
Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Sunday	ત્ય	<u>ත</u>	16	ಣ ಇ	30	
Satunday	Т	Φ	<u>ධ</u>	<b>०</b> ४ <b>०</b> ४	<u>ರ</u> ಬ	
Iniday		2-	14	<u>න</u> 1	<u>ಹ</u> ನ	
Thursday		Ø	13	O ಜ	ત્ય ત	
Wednesday		ω	않 디	19	ල ස	
Juerday		4	11	18	ಬ	
Monday		Ю	10	17	24 4	31

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M	Move Yo' Body M T W T F S S V Play & Be Creative M T W T S S S	(Mon) (Wed) (Thu) (Fri)
   	/"\/"\/"\/"\/"\/\	(Sun)
0000000		\\/
	- Doodles	Buy
	Doodles	Buy
	Doodles	Buy
		Buy

Guly	(3) Monday	Tuesday	(5) Wednesday
M T W T F S S 1 2 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16			
17   18   19   20   21   22   23 24   25   26   27   28   29   30		<u></u>	
31	(To Do)	(To Do)	(To Do)
			0000
	0	8	Ö
	(Boss) Life)	/Boss \ Life /	/Boss \Life /
			0000
	8	lŏ	Ö
(6) Thursday	Friday	(8) Saturday	Sunday
	Friday	(8) Saturday	Sunday
	Friday	Saturday	Sunday
6	(To Do)	(To Do)	(To Do)
6	(To Do)	(To Do)	(To Do)
(To Do)		(8)	
(To Do)	(To Do) () () () () () () () () () () () () ()	(To Do) (O) (O) (O)	(To Do) (O) (O) (O)
6	(To Do)	(To Do)	(To Do)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M	Move Yo' Body M T W T F S S V Play & Be Creative M T W T S S S	(Mon) (Wed) (Thu) (Fri)
   	/"\/"\/"\/"\/"\/\	(Sun)
0000000		\\/
	- Doodles	Buy
	Doodles	Buy
	Doodles	Buy
		Buy

Guly	(10) Monday	(II) Tuesday	$(\widehat{12})^{ ext{Wednesday}}$
M         T         W         T         F         S         S           J			
31	(To Do)	(To Do) (O) (O) (O)	(To Do) (O) (O) (O)
	(Boss) (Life) () ()	(Boss) (Life) (C) (C)	(Boss) (Life)
(B) Thursday	Friday	(15) Saturday	(16) Sunday
(To Do) (Do) (Boss) Life	(To Do)	(To Do)	(To Do)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M	Move Yo' Body M T W T F S S V Play & Be Creative M T W T S S S	(Mon) (Wed) (Thu) (Fri)
   	/"\/"\/"\/"\/"\/\	(Sun)
0000000		\\/
	- Doodles	Buy
	Doodles	Buy
	Doodles	Buy
		Buy

Guly	(Monday)	(18) Tuesday	$(\widehat{q})^{\text{Wednesday}}$
M T W T F S S  3 4 5 6 7 8 9  10 11 12 13 14 15 16  17 18 19 20 21 22 23  24 25 26 27 28 29 30			
31	(To Do)	(To Do) (O) (O) (O) (O)	(To Do) (O) (O) (O) (O)
	(Boss) (Life) (C) (C)	/Boss \ Life /	/Boss \ Life /
	\-/	\-/	\-/
(20) Thursday	(A) Friday	(22) Saturday	(23) Sunday
(To Do) (To Do) (Boss) Life	(To Do)	(To Do)	(To Do)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M	Move Yo' Body M T W T F S S V Play & Be Creative M T W T S S S	(Mon) (Wed) (Thu) (Fri)
   	/"\/"\/"\/"\/"\/\	(Sun)
0000000		\\/
	- Doodles	Buy
	Doodles	Buy
	Doodles	Buy
		Buy

Guly	(24) Monday	(25) Tuesday	$(\widehat{26})^{ ext{Wednesday}}$
M         T         W         T         F         S         S           3         4         5         6         7         8         9           10         11         12         13         14         15         16           17         18         19         20         21         22         23           24         25         26         27         28         29         30			
31	(To Do)	(To Do) (O) (O) (O) (O)	(To Do)
	/Boss Life /	/Boss Life /	/Boss \ (Life)
	\_/	\_/	\_/
(27) Thursday	(28) Friday	(29) Saturday	(30) Sunday
(To Do) (Do) (Boss) Life	(To Do)	(To Do)	(To Do)

## August

### Play Jourist

Learn Something New This Month

### Curnently...

Reading:

Watching:

#### Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Sunday	Φ	13	0 <sub>ස</sub>	તે જ		
Satunday	ω	ଝ	0.0	ල ශ		
Iniday	4	11	18	ಬ		
Thursday	വ	10	17	<b>8</b> 4	31	
Juenday Wednenday	ત્ય	<b>o</b>	16	ಬ	30	
Juesday	T.	ω	15	CV CV	<u>೧</u> ೧೭	
Monday		2-	14	[ය	დ α	

sion of Yourself!	Meal Ideas
Move Yo' Body M T W T F S S Play & Be Creative M T	(Mon) (Wed) (Thu)
F S S OOOOOO	(Sun)  Buy
	M T W T F S S Play & Be Creative M T W T S S

August         M       T       W       T       F       S       S         1       2       3       4       5       6         7       8       9       10       11       12       13         14       15       16       17       18       19       20         21       22       23       24       25       26       27	(31) Monday	Tuesday	(2) Wednesday
28 29 30 31	(To Do) (O) (O) (O)	(To Do) (O) (O) (O) (O)	(To Do) (O) (O) (O)
	/Boss \ Life /	/Boss \ Life /	/Boss \ Life /
(3) Thursday	Friday (H)	Saturday	(6) Sunday
(To Do) (Boss) (Life)	(To Do)	(To Do)	

sion of Yourself!	Meal Ideas
Move Yo' Body M T W T F S S Play & Be Creative M T	(Mon) (Wed) (Thu)
F S S OOOOOO	(Sun)  Buy
	M T W T F S S Play & Be Creative M T W T S S

M       T       W       T       F       S       S         1       2       3       4       5       6         7       8       9       10       11       12       13         14       15       16       17       18       19       20         21       22       23       24       25       26       27         28       29       30       31       31       31	Monday	Tuesday	(q) Wednesday
	(To Do) (O) (O) (O)	(To Do) (O) (O) (O)	(To Do) O O O O
	Boss Life /	(Boss) (Life)	(Boss) (Life)
(10) Thursday	Friday	(D) Saturday	Sunday
(To Do) (Boss) (Life)	(To Do)		(To Do)

sion of Yourself!	Meal Ideas
Move Yo' Body M T W T F S S Play & Be Creative M T	(Mon) (Wed) (Thu)
F S S OOOOOO	(Sun)  Buy
	M T W T F S S Play & Be Creative M T W T S S

M       T       W       T       F       S       S         1       2       3       4       5       6         7       8       9       10       11       12       13         14       15       16       17       18       19       20         21       22       23       24       25       26       27         28       29       30       31       31       31	Monday  Monday	(15) Tuesday	(16) Wednesday
	(To Do) (To Do) (O) (O) (O)	(To Do)	(To Do)
	/Boss \ Life /	/Boss \ Life /	/Boss \ Life /
Thursday	(18) Friday	Saturday Saturday	(20) Sunday
(To Do) (Boss) (Life)	(To Do)	(To Do)	(To Do)

sion of Yourself!	Meal Ideas
Move Yo' Body M T W T F S S Play & Be Creative M T	(Mon) (Wed) (Thu)
F S S OOOOOO	(Sun)  Buy
	M T W T F S S Play & Be Creative M T W T S S

M       T       W       T       F       S       S         1       2       3       4       5       6         7       8       9       10       11       12       13         14       15       16       17       18       19       20         21       22       23       24       25       26       27         28       29       30       31       31       31	(21) Monday	(22) Tuesday	(23) Wednesday
	(To Do)	(To Do) (O) (O) (O)	(To Do)
	/Boss \ Life /	(Boss) (Life)	(Boss) (Life)
(24) Thursday	(25) Friday	(26) Saturday	(21) Sunday
(To Do) (Boss) (Life)	(To Do)	(To Do)	(To Do)

sion of Yourself!	Meal Ideas
Move Yo' Body M T W T F S S Play & Be Creative M T	(Mon) (Wed) (Thu)
F S S OOOOOO	(Sun)  Buy
	M T W T F S S Play & Be Creative M T W T S S

M       T       W       T       F       S       S         1       2       3       4       5       6         7       8       9       10       11       12       13         14       15       16       17       18       19       20         21       22       23       24       25       26       27         28       29       30       31       31       31	(28) Monday	(29) Tuesday	(30) Wednesday
	(To Do)	(To Do) (O) (O) (O)	(To Do)
	(Boss) (Life) () ()	(Boss) (Life)	(Boss) (Life)
(31) Thursday	Friday	(2) Saturday	(3) Sunday
(To Do) (Boss) Life	(To Do)	(To Do)	Sunday (To Do) (O) (O) (O)

## September

Plans for The Month
no
Play Jounist
Learn Something New This Month
Cunnently
Reading:
Watching:
Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

Holidays						
Sunday	Ю	01	7.	24		
Satunday	ત્ય	<b>ග</b>	16	ಬ	30	
Iniday	П	ω	15	<b>८</b> ४ <b>८</b> ४	<u>ರ</u> ೧೭	
Thursday		2-	14	N 1	& ℃	
Wednesday		Φ	13	O œ	<u>~</u> ∝	
Juenday		ഥ	ଝ	19	ල ෭෭	
Monday		4	11	18	ന വ	

Be The Best Vension of Yourself!	Meal Ideas
Hydrate       Move Yo' Body         M	Tue  Wed  Thu  Fri
0000000 0000000	(Sun)
Notes & Doodles	Buy

<i>Septemben</i>	(H) Monday	(5) Tuesday	(6) Wednesday
M T W T F S S  1 2 3  4 5 6 7 8 9 10  11 12 13 14 15 16 17  18 18 20 21 22 23 24  25 26 27 28 29 30			
	(To Do)	(To Do) (O) (O) (O) (O)	(To Do)
	/Boss \ Life /	/Boss \ Life /	(Boss) (Life)
Thursday	(8) Friday	Saturday Saturday	(10) Sunday
(To Do) (Boss) (Life)	(To Do)	(To Do)	(To Do)

Be The Best Vension of Yourself!	Meal Ideas
Hydrate       Move Yo' Body         M	Tue  Wed  Thu  Fri
0000000 0000000	(Sun)
Notes & Doodles	Buy

<i>September</i>	(Monday)	$(\widehat{\mathcal{M}})^{ ext{Tuesday}}$	$(\widehat{B})^{ ext{Wednesday}}$
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17			
18   18   20   21   22   23   24   25   26   27   28   29   30		<u>-</u>	
	(To Do)	(To Do)	(To Do)
			0
			0000
	(Boss) Life	/Boss Life /	(Boss) Life
			000
	0		0
	I .		
Thursday Thursday	(15) Friday	(16) Saturday	( Sunday
Thursday Thursday	(15) Friday	(16) Saturday	Sunday Sunday
Thursday	(15) Friday	(16) Saturday	Sunday Sunday
	(13)	(16)	
	(To Do)	(To Do)	(To Do)
(To Do)	(13)	(16)	
(To Do)	(To Do)	(To Do)	(To Do) (O) (O)
	(To Do)	(To Do)	(To Do)

Be The Best Vension of Yourself!	Meal Ideas
Hydrate       Move Yo' Body         M	Tue  Wed  Thu  Fri
0000000 0000000	(Sun)
Notes & Doodles	Buy

<i>Septemben</i>	(18) Monday	(P) Tuesday	$(\widehat{20})^{ ext{Wednesday}}$
M T W T F S S  4 5 6 7 8 9 10  11 12 13 14 15 16 17  18 18 20 21 22 23 24  25 26 27 28 29 30			
	(To Do) (O) (O) (O)	(To Do) (O) (O) (O)	(To Do)
	(Boss) (Life)	/Boss \ Life /	(Boss) (Life)
	'-'	'-'	·-·
(21) Thursday	(22) Friday	(23) Saturday	Sunday
(To Do) (Boss) (Life)		475	-

Be The Best Vension of Yourself!	Meal Ideas
Hydrate       Move Yo' Body         M	Tue  Wed  Thu  Fri
0000000 0000000	(Sun)
Notes & Doodles	Buy

Septemben	(25) Monday	(26) Tuesday	$(\widehat{\mathcal{I}})^{ ext{Wednesday}}$
M T W T F S S  1 2 3  4 5 6 7 8 9 10  11 12 13 14 15 16 17  18 18 20 21 22 23 24  25 26 27 28 29 30			
	(To Do) (O) (O) (O) (O)	(To Do) (O) (O) (O) (O)	(To Do)
	(Boss) (Life) () () ()	/Boss \ Life /	/Boss \ Life /
(28) Thursday	(29) Friday	(30) Saturday	Sunday
(To Do) (Do) (Boss) Life	(To Do) (Do) (Boss) (Life) (C) (C) (C) (C) (C) (C) (C) (C) (C) (C	(To Do)	Sunday (To Do) (O) (O)

### Octoben

Plans	fon	The	n	lonth

### Play Jourist

Learn Something New This Month

### Curnently...

Reading:

Watching:

#### Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

1	 				
Holidayn	 				
:	 				,
Sunday	 ω	15	ଝ	<u>ග</u> 않	
Saturday	<u>~</u>	14	გ1	<u>ಹ</u> ಜ	
Iniday	9	13	80	ર સ	
Thursday	ω	ଝ	19	<u>ග</u> ග	
Tuesday Wednesday	4	11	18	വ	
Juesday	Ŋ	10	17	24	31
Monday	<b>ા</b>	<b>O</b>	16	හ ගැ	30

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M () () () () () () () () () () () () ()	Move Yo' Body M T W T F S	(Mon) (Tue) (Wed)
Eat Yo' Fruit & Veggies  M O O O O O O O O T O O O O O O O O W O O O O O O O T O O O O O O O T O O O O	Play & Be Creative M T W T S S	(Thu ) (Fri ) (Sat )
0000000	0000000	(Sun)
Notes &	· Doodles	Buy
Notes &	· Doodles	Buy
Notes &	Doodles	Buy
Notes &	Doodles	Buy
Notes &		Buy
Notes &		

October	(2) Monday	(3) Tuesday	(Wednesday
M T W T F S S			
2 3 4 5 6 7 8 9 10 11 12 13 14 15			
16   17   18   19   20   21   22   23   24   25   26   27   28   29   30   31		2000	
	(To Do)	(To Do)	(To Do)
			0000
	Boss	Boss	/Boss\
	Life	Life /	Life /
		0	000
Thursday	Friday	Saturday	Sunday
(5) Thursday	(6) Friday	(T) Saturday	(8) Sunday
(5) Thursday	(6) Friday	Saturday	(8) Sunday
(5) Thursday	(6) Friday	Saturday	(8) Sunday
(3)	(6) Friday (To Do)	(To Do)	(To Do)
(3)	(To Do)	(To Do)	(To Do)
(3)	(To Do)	(To Do)	(To Do)
(To Do)	(To Do) (O) (O)	(To Do)	(To Do)
(To Do)	(To Do) (O) (O)	(To Do) () () () () () () () () () () () () ()	(To Do)
(To Do)	(To Do) (O) (O)	(To Do) () () () () () () () () () () () () ()	(To Do)
(3)	(To Do)	(To Do)	(To Do)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M () () () () () () () () () () () () ()	Move Yo' Body M T W T F S	(Mon) (Tue) (Wed)
Eat Yo' Fruit & Veggies  M O O O O O O O O T O O O O O O O O W O O O O O O O T O O O O O O O T O O O O	Play & Be Creative M T W T S S	(Thu ) (Fri ) (Sat )
0000000	0000000	(Sun)
Notes &	· Doodles	Buy
Notes &	· Doodles	Buy
Notes &	Doodles	Buy
Notes &	Doodles	Buy
Notes &		Buy
Notes &		

M T W T F S S 1 1 1 2 3 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29			
23   24   25   26   27   28   29			
Indiate I			
	(To Do)	(To Do)	(To Do)
	0	0	
	0000	0000	0000
	/Boss\	/Boss\	/Boss\
	Life /	Life /	Life /
	0		0
Thursday	Friday	Saturday	Sunday
ļ			
(To Do)	(To Do)	(To Do)	(To Do)
	VTV	25	Q
		\_	<i>(</i> -\
			0
	0000		0 0 0 0
(Boss) (Life)		(Boss) Life	(Boss) Life
	(Boss) (Life) (C)		
(12) Thursday	(13)		( <b>13</b> )

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M () () () () () () () () () () () () ()	Move Yo' Body M T W T F S	(Mon) (Tue) (Wed)
Eat Yo' Fruit & Veggies  M O O O O O O O O T O O O O O O O O W O O O O O O O T O O O O O O O T O O O O	Play & Be Creative M T W T S S	(Thu ) (Fri ) (Sat )
0000000	0000000	(Sun)
Notes &	· Doodles	Buy
Notes &	· Doodles	Buy
Notes &	Doodles	Buy
Notes &	Doodles	Buy
Notes &		Buy
Notes &		

October	(16) Monday	Tuesday	(18) Wednesday
M         T         W         T         F         S         S           2         3         4         5         6         7         8           9         10         11         12         13         14         15           16         17         18         19         20         21         22           23         24         25         26         27         28         29			
30 31	(To Do)	(To Do) (O) (O) (O)	(To Do) (O) (O) (O)
	(Boss) (Life)	/Boss \ Life /	(Boss) (Life)
	`='	`-'	`-'
(19) Thursday	(20) Friday	(21) Saturday	(22) Sunday
(To Do) (Do) (Boss) Life			(To Do)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M () () () () () () () () () () () () ()	Move Yo' Body M T W T F S	(Mon) (Tue) (Wed)
Eat Yo' Fruit & Veggies  M O O O O O O O O T O O O O O O O O W O O O O O O O T O O O O O O O T O O O O	Play & Be Creative M T W T S S	(Thu ) (Fri ) (Sat )
0000000	0000000	(Sun)
Notes &	· Doodles	Buy
Notes &	· Doodles	Buy
Notes &	Doodles	Buy
Notes &	Doodles	Buy
Notes &		Buy
Notes &		

October	Monday	Tuesday	(25) Wednesday
MITWITFSS			
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	•		
30 31 80 80 81 80 80	(To Do)	(To Do)	(To Do)
		0 0	0000
	Boss Life	(Boss) Life	(Boss) Life
			0
			000
Thursday	Friday	Saturday	Sunday
(26) Thursday	(27) Friday	(28) Saturday	(29) Sunday
(16)		(28) Saturday (To Do)	(29) Sunday (To Do)
(16)	(To Do)	(To Do)	(To Do)
(16)	(To Do)	(To Do)	(To Do)
(To Do)	(To Do)	(28)	(To Do) (O) (O)
(To Do)	(To Do)	(To Do)	(To Do) (O) (O)
(To Do)	(To Do)	(To Do) (Boss) Life	(To Do) (Boss) Life
(16)	(To Do)	(To Do)	(To Do) (O) (O)

## November

#### Plans for The Month

#### Play Jounist

Learn Something New This Month

#### Curnently...

Reading:

Watching:

#### Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Holidays						
Sunday	ω	ଅ	19	9g		
Satunday	4	11	18	വ വ		
Iniday	ю	10	7-1	24 24		
Thunday	<b>ા</b>	<b>ರ</b>	16	ය ව	020	
Wednesday	H	ω	ΙΩ	જ જ	<u>ග</u> ස	
Juesday		2-	14	<u>r</u>	ထ လ	
Monday		Φ	13	O ಇ	₹. 8	

Be The Best Vension of Younself!   Meal Ideas	Hydrate	Hydrate			
Hydrate       Move Yo' Body         M ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       T         T ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       T         W ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       Tue         Tue       Tue         F ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       Tue         F ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ♥       Tue         Tue       Thu         Thu       Thu         Thu       Thu         Tri       Fri         Fri       Fri	Hydrate	Hydrate	Be The Best Ver	sion of Yourself!	Meal Ideas
s ÖÖÖÖÖÖÖ s (Sat)  OOOOOO (Sun)			Hydrate  M ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  T ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  T ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  F ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S S	(Mon) (Wed) (Thu) (Sat)
				Boodles	

November	$(30)^{\text{Monday}}$	$(\widehat{\mathcal{J}})^{ ext{Tuesday}}$	( ) Wednesday
M T W T F S S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			
	(To Do)	(To Do)	(To Do)
			000
	(Boss) (Life)	(Boss) Life	/Boss \ Life /
			000
(2) Thursday	(3) Friday	Saturday (H)	(5) Sunday
(To Do)	(To Do)	(To Do)	(To Do)
			0000
/Boss\ Life/	/Boss \ Life /	/Boss \ Life /	/Boss\ \Life/
/Boss \ (Life)			00000

Be The Best Vension of Younself!   Meal Ideas	Hydrate	Hydrate			
Hydrate       Move Yo' Body         M ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       T         T ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       T         W ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       Tue         Tue       Tue         F ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       Tue         F ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ♥       Tue         Tue       Thu         Thu       Thu         Thu       Thu         Tri       Fri         Fri       Fri	Hydrate	Hydrate	Be The Best Ver	sion of Yourself!	Meal Ideas
s ÖÖÖÖÖÖÖ s (Sat)  OOOOOO (Sun)			Hydrate  M ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  T ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  T ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  F ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S S	(Mon) (Wed) (Thu) (Sat)
				Boodles	

November	(6) Monday	Tuesday	(8) Wednesday
M T W T F S S  1 2 3 4 5  6 7 8 9 10 11 12  13 14 15 16 17 18 19  20 21 22 23 24 25 26  27 28 29 30			
	(To Do)	(To Do) (O) (O) (O)	(To Do) (O) (O)
	/Boss \ Life /	/Boss \ Life /	(Boss) (Life)
	-	-	
(q) Thursday	(10) Friday	Saturday Saturday	Sunday
(To Do) (Do) (Boss) (Life) (C) (C) (C) (C) (C) (C) (C) (C) (C) (C		Saturday	2773 Q

Be The Best Vension of Younself!   Meal Ideas	Hydrate	Hydrate			
Hydrate       Move Yo' Body         M ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       T         T ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       T         W ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       Tue         Tue       Tue         F ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       Tue         F ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ♥       Tue         Tue       Thu         Thu       Thu         Thu       Thu         Tri       Fri         Fri       Fri	Hydrate	Hydrate	Be The Best Ver	sion of Yourself!	Meal Ideas
s ÖÖÖÖÖÖÖ s (Sat)  OOOOOO (Sun)			Hydrate  M ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  T ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  T ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  F ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S S	(Mon) (Wed) (Thu) (Sat)
				Boodles	

November	(13) Monday	Tuesday	$(\widehat{15})^{\text{Wednesday}}$
M T W T F S S  1 2 3 4 5  6 7 8 9 10 11 12  13 14 15 16 17 18 19  20 21 22 23 24 25 26  27 28 29 30			
	(To Do)	(To Do)	(To Do) (O) (O) (O)
	(Boss) (Life)	/Boss \ Life /	(Boss) (Life)
Thursday	(II) Friday	(18) Saturday	(19) Sunday
(To Do) (To Do) () () () () () () () () () () () () ()	(To Do)	(18)	(To Do)

Be The Best Vension of Younself!   Meal Ideas	Hydrate	Hydrate			
Hydrate       Move Yo' Body         M ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       T         T ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       T         W ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       Tue         Tue       Tue         F ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       Tue         F ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ♥       Tue         Tue       Thu         Thu       Thu         Thu       Thu         Tri       Fri         Fri       Fri	Hydrate	Hydrate	Be The Best Ver	sion of Yourself!	Meal Ideas
s ÖÖÖÖÖÖÖ s (Sat)  OOOOOO (Sun)			Hydrate  M ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  T ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  T ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  F ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S S	(Mon) (Wed) (Thu) (Sat)
				Boodles	

November	(20) Monday	$(\widehat{\mathcal{U}})^{ ext{Tuesday}}$	$(\widehat{2}\widehat{2})^{ ext{Wednesday}}$
M T W T F S S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			
	(To Do) (O) (O) (O)	(To Do) (O) (O) (O) (O)	(To Do)
	(Boss) (Life)	/Boss Life /	(Boss) (Life)
(23) Thursday	(24) Friday	(25) Saturday	(26) Sunday
(To Do) (Boss) (Life)	(To Do)	(23)	

Be The Best Vension of Younself!   Meal Ideas	Hydrate	Hydrate			
Hydrate       Move Yo' Body         M ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       T         T ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       T         W ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       Tue         Tue       Tue         F ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ Φ       Tue         F ◊ ◊ ◊ ◊ ◊ ◊ ◊ ◊ ♥       Tue         Tue       Thu         Thu       Thu         Thu       Thu         Tri       Fri         Fri       Fri	Hydrate	Hydrate	Be The Best Ver	sion of Yourself!	Meal Ideas
s ÖÖÖÖÖÖÖ s (Sat)  OOOOOO (Sun)			Hydrate  M ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  T ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  T ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ □  F ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S S	(Mon) (Wed) (Thu) (Sat)
				Boodles	

November         M       T       W       T       F       S       S         1       2       3       4       5         6       7       8       9       10       11       12         13       14       15       16       17       18       19         20       21       22       23       24       25       26         27       28       29       30       0       0	(21) Monday	(28) Tuesday	(29) Wednesday
	(To Do)	(To Do)	(To Do) (O) (O) (O)
	(Boss) (Life)	/Boss \ Life /	(Boss) (Life)
	l .		
(30) Thursday	Friday	(2) Saturday	(3) Sunday
(To Do) (To Do) (Boss) Life	(To Do)	(To Do)	(To Do)

# December

Plans fon The Month
Play Jourist
Leann Something New This Month
Cunnently Reading:
Watching:  Home Discator Ovoidance
Home Disaster Avoidance

Tackle A Beast Project:

Focal Zone:

Maintenance:

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Holidays						
Sunday	ಣ	10	17	<b>78</b>	21	
Saturday	ત્ય	<b>ರ</b>	16	ഗ പ	02 0	
Iniday	П	ω	15	<b>८</b> ४ <b>८</b> ४	<u>ರ</u> ೧೭	
Thursday		<u>~</u>	14	<u>ে</u>	හ ගැ	
Wednesday		Ø	13	O ಬ	<u>~</u>	
Juenday		ഥ	.α Π	0.0	ල ප	
Monday		4	=	 8	വ വ	

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S	Tue  Wed  Thu  Sat
0000000	0000000	(Sun)
,	,	,
Notes &	- Doodles	Buy
Notes &	- Doodles	Buy
Notes &		

December	(H) Monday	(5) Tuesday	(6) Wednesday
M T W T F S S  1 2 3  4 5 6 7 8 9 10  11 12 13 14 15 16 17  18 18 20 21 22 23 24			
25   26   27   28   29   30   31	(To Do)	(To Do)	(To Do)
	(Boss) (Life) () ()	/Boss \ Life /	/Boss\ \Life/
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Thursday	Friday	Saturday Saturday	Sunday
(To Do) () () () () () () () () () () () () ()		(To Do)	(To Do)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S	Tue  Wed  Thu  Fri
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Notes &	- Doodles	Buy
Notes &	- Doodles	Buy
Notes &		

December	Monday Monday	(12) Tuesday	(13) Wednesday
M         T         W         T         F         S         S           4         5         6         7         8         9         10           11         12         13         14         15         16         17           18         18         20         21         22         23         24           25         26         27         28         29         30         31			
	(To Do)	(To Do) (O) (O) (O)	(To Do) (O) (O) (O)
	(Boss) (Life)	/Boss \ Life /	/Boss \ Life /
Thursday	(15) Friday	Saturday	Sunday
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(To Do) () () () () () () () () () () () () ()	(To Do) (O) (O) (O)	(To Do)	(To Do) (O) (O) (O)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S	Tue  Wed  Thu  Fri
0000000	0000000	(Sun)
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Notes &	- Doodles	Buy
Notes &	- Doodles	Buy
Notes &		

December	(18) Monday	(19) Tuesday	(20) Wednesday
M T W T F S S  4 5 6 7 8 9 10  11 12 13 14 15 16 17  18 18 20 21 22 23 24  25 26 27 28 29 30 31			
	(To Do)	(To Do) (O) (O) (O)	(To Do)
	/Boss \ Life /	/Boss \ Life /	/Boss \ Life /
( The road or	4-5	475	475
Thursday	(22) Friday	(23) Saturday	(24) Sunday
(To Do) (Boss) (Life)	(dd)		(24) Sunday (To Do) (To Do) (O) (O)

Be The Best Ven	sion of Yourself!	Meal Ideas
Hydrate  M \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Move Yo' Body M T W T F S S S Play & Be Creative M T W T S S	Tue  Wed  Thu  Fri
0000000	0000000	(Sun)
,		
Notes &	- Doodles	Buy
Notes &	- Doodles	Buy
Notes &		

December	(25) Monday	(26) Tuesday	(21) Wednesday
M         T         W         T         F         S         S           4         5         6         7         8         9         10           11         12         13         14         15         16         17           18         18         20         21         22         23         24           25         26         27         28         29         30         31			
	(To Do)	(To Do) (O) (O) (O)	(To Do)
	/Boss \ Life /	/Boss \ Life /	/Boss \ Life /
	\-/	\\_/	\ <u>\</u> _/
(28) Thursday	(29) Friday	(30) Saturday	(31) Sunday
(To Do) (To Do) (Boss) Life		(30)	(To Do)

### Making a plan is the first step to epic awesomeness!

Sannipanni's Planner www.sannipanni.com